

Daily Bulletin

www.lrcentralhigh.org

Little Rock Central ~ Thursday ~ March 11, 2010
“A Day”

Students

Tiger Health Tip: Energy drinks are not the best choice. They have twice as much caffeine as soda.

Attention ALL Mu Alpha Theta members: We have our final Mu Alpha Theta competition **TODAY (Thursday)**. The competition will begin at 4:00 pm and will be held in Room 143. Please come help Central become first in our division!!

Criminal Justice Day ~ Remington College, 19 Remington Drive in Little Rock, will be held **TODAY (Thursday)** from 11:00 am to 2:00 pm and 4:00 to 7:00 pm. If you are interested in a degree in Criminal Justice or in Remington College, RSVP to Katy Leachman at 257-7492 or at Katherine.leachman@remingtoncollege.edu.

Food Drive ~ East Lab is conducting a food drive **through Friday, March 12.** Non-perishable food items can be dropped off in East Lab Room 220, the Main Office, or the Library. Donated items will be given to the Arkansas Food Bank. For more information go by Room 220 during A2 or email teamtiger40@yahoo.com

Tiger Blood Drive ~ If you are 16 years old or older and weigh at least 110 pounds, the Tiger Blood Drive is for you!!! The National Honor Society is proud to announce its annual service project ~ The Tiger Blood Drive. If you are interested in donating, sign ups have begun and **will continue through Friday, March 12** during both lunches on 1st Floor center!!!

LRCH JV Drill Team ~ Attention all students interested in participating in the JV Drill Team for the 2010-2011 school year ~ there will be a mandatory parent/student meeting on **Tuesday, March 16** at 6:00 pm in the school's library. For more information, please see Ms. Buchanan.

Metropolitan Career-Technical Center ~ 4th Annual Career Night ~ is planned for **Tuesday, March 16** from 5:30 to 7:30 pm. Many employment agencies and employers will be attending to provide information...this event can help you map your career!

SAU in Magnolia is having Preview Days! Make a reservation to visit SAU at www.saumag.edu/rsvp to attend on March 17 or April 9 from 9:00 am to 2:00 pm or Science Day on April 5, 2010 from 10:00 am to 1:00 pm. Experience the academics, activities and all-around fun and learning SAU students have.

Thespian Drop-In!! If you are interested in becoming a Thespian for the 2010-2011 school year, please come to an informational meeting on **Thursday, March 18** from 4:00 to 5:00 in Mrs. Strickland's Room Stage B. The Thespian induction will be on Wednesday, April 14.

Attention LRCH ~ Project 10's next act of kindness is a make-up drive to help domestically abused women feel beautiful. We are accepting UNUSED make-up of any kind **through March 19.** Donation boxes are in Room 220 and in Room 247B. Please help this worthy cause.

Attention ALL National Honor Society Members: If you are in need of service hours, we have some opportunities available. Please come by Room 145 for more information.

Yearbook Sales ~ It's not too late to order a yearbook!! **The price is \$50.00...**just stop by Room 103 or order online at myyear.com.

Attention parents ~ Do you have a prom dress, homecoming or after five dress, a wedding/bridesmaid/maid of honor dress, at home that you would like to donate to help a high school senior girl attend her prom? Shoes & accessories, either used or new, as also needed. If you do, please contact Subrena Howard at (501) 416-9957 or Cynthia Harris (501) 416-0031.

JAG Work Program: JAG is now accepting applications for the work program. Pick up an application from your counselor or stop by Room 326. Once your application is complete, please place your completed form in Mrs. K. Evans box in the Main Office so your schedule can be updated.

2010-2011 Marketing Work Program: Applications are being accepted for the 2010-2011 Marketing Work Program. See your guidance counselor or Mrs. Futrell in Room 318 to pick up an application.

OEC is accepting applications for next school year. **There are only 5 slots remaining** for the 2010-2011 work program. Turn in your applications to Mrs. Sanders in Room 203 to reserve your spot!

Internship applications for the 2010-2011 school year are still available. See your counselor or Mrs. Rike, Room 420, for more information.

SOPHOMORES AND JUNIORS: UAMS College of Pharmacy will offer a Summer Pharmacy camp from June 13 to 18, 2010, for rising Juniors and Seniors interested in pharmacy. Tuition is \$400, but a limited number of stipends are available to students requiring tuition assistance. Applications are available beginning in January, 2010 at www.uams.edu/cop/pharmacy_camp/ or by email ebdunn@uams.edu. **The application deadline is March 19, 2010.**

The Thrasher Boys and Girls Club ~ 1201 Leisure Place in Little Rock ~ **is offering FREE MEMBERSHIPS!!** A membership gives you access to free tutoring, sports, games, play station and Xbox tournaments and a year-round swimming pool. For more information, contact Chris or Paul at 501-376-2988 or visit the club.

Sophomores and Juniors: The Sewanee Environmental Institute (SEI) Pre-college Field Studies Experience is now accepting applications for the Summer 2010 program. It will be held at the University of the South in Sewanee, TN from June 27th – July 10th, 2010. Students will have the opportunity to explore Sewanee's ecologically diverse campus under the guidance of faculty members who are passionate about environmental education. For more information about the program, cost and an application, please go to: <http://sei.sewanee.edu/programs/precollege> **Deadline for applying is April 1.**

The Arkansas Educational Television Network's (AETN) Student Selects: A Young Filmmakers Showcase is a program created to highlight the bright future of Arkansas's youngest filmmakers. Entries may be, but are not limited to: Documentary, Narrative (Short or full-length fiction film or sitcom, Animation (Hand-drawn, Claymation, Macromedia Flash, etc.), Short Form Video Diaries, QuickTime Internet Shorts, or Music Videos. For downloadable entry forms, information and rules, go to www.aetn.org/studentselects **Entries are due by April 9, 2010.**

City of Little Rock Summer Jobs ~ applications for summer jobs with the City of Little Rock Summer Jobs Alliance are available in the Guidance Office. You must be 16 by June 14, 2010 to apply. **The application deadline is April 9, 2010.**

Summer Job Opportunity ~ Little Rock Parks and Recreation Department is taking applications for summer job opportunities **now through March 25, 2010 by the 4 PM deadline** for youth ages 16, 17 and 18 years of age. The Parks Pioneer 2010 summer job application and information is posted at this site: http://clrweb.littlerock.state.ar.us/hr_support/Job_Ann/Parks_Pioneers_2010.pdf as well as additional job opportunities city wide at www.lrjobs.net

Summer Enrichment Program Information: If you are seeking a summer enrichment program, check out the new Summer Program Information Sheet that is being posted in your English classes. It is on "sunny" yellow paper to help you recognize it. The information is also posted on the Guidance Page of the LRCHS website and will be updated as new information is received.

Baptist Health School of Little Rock will hold a Spotlight program at 5:30pm on Registered Nursing/Practical Nursing on **April 13 and May 11.** The informational sessions offer detailed information about curriculum, financial aid, and **admissions processes and requirements.**

UALR will hold its 2010 Engineering Scholars Program from June 20—July 2. The free residential program is open to students in grades 9-12. Applicants should be interested in learning about careers in engineering. **The deadline to apply is April 16, 2010.** Applications can be picked up in the Guidance Office.

National Conservation Crews are now forming for High school students. Gain hands-on conservation and outdoor skills in a tuition free program in parks and forests. Go to thesca.org to find out more and apply.

Students and Clubs: Do you want volunteer hours? Take Steps for Crohn's and Colitis Walk, which is to be held on **Saturday, May 15** in Riverfront Park, is looking for volunteers for many activities. Help set up tables, usher, work at the children's entertainment section, distribute food and beverage or help in several other ways. If you are interested, please call 590-8948 or email trulock@sbcglobal.net

Juniors and Seniors

ASM Materials Camp® (For students entering their Junior or Senior year in the fall of 2010)

This is a program utilizing hands-on learning principles of applied math, physics and chemistry led by a distinguished world-class faculty. It is aimed at stirring students' interest in science and gets them excited about materials, science, and engineering careers. Students learn to be team players, and become "science detectives" at the camp. See Schedule and Online Application <<http://asmcommunity.asminternational.org/portal/site/www/Foundation/Students/CampSchedule/>>

JUNIORS: Centre College in Danville, Kentucky is seeking students interested in becoming Centre Fellows. To apply you must be in the top 5% of your class, have an ACT score of 28 or more, and be active in school and the community. Students who are chosen as Centre Fellows and accepted to Centre College will receive a minimum \$13,000 scholarship renewable for four years. If interested, see Mrs. Keyes in the Guidance Office by **Friday, March 12.**

UALR is holding its Spring Open House for students and parents on **Saturday, March 13, 2010**, in the Center for the Performing Arts and the Donaghey Student Center from 9:00am to 1:00pm. Get information about Admissions, Financial Aid, and other aspect of the University. To register go to www.ualr.edu/openhouse

UCA will have its final BEAR FACTS DAY of the year on **Saturday, March 13, 2010.** Information sessions on academic programs, admissions, housing, financial aid, scholarships, and support services will be held throughout the day. To reserve your place go to www.uca.edu/admissions/bearfactsday.php

Attention Junior Girls ~ Arkansas Girls State is a citizenship training program in which students are guided through the basic ideals and principals of government. It will be held May 30-June 4, on the campus of Harding University in Searcy, Arkansas. See Mrs. Moore in the guidance office if interested.

JUNIORS: Now is the time for college-bound student-athletes in the junior class to register with the NCAA Eligibility Center if they plan to participate in college athletics. Early registration helps student-athletes avoid issues that may delay their academic and amateur certifications. Go to www.eligibilitycenter.org, select the "Fall 2010 or after" icon, select the "New Account" tab at the top of the screen, and begin the registration process.

Seniors

Seniors: Please stop by the Guidance Office to mark the colleges you have been accepted to on the Guidance Office map! We want the world to know! See your counselor for help.

Senior Banquet ~ Attention Seniors and Parents ~ The Senior Banquet is **Thursday, March 18** at Embassy Suites on Financial Parkway beginning at 7:00 pm. Tickets are \$25.00 each and are being sold **NOW through Wednesday, March 17** during both lunches on the 1st Floor. Be sure to purchase your tickets...you won't want to miss out on this special event!!

Attention Senior Football Players: The Saine Dedication Award applications are ready. Come by Room 152 to pick yours up. Completed applications are due by **Wednesday, March 17.**

The Greater Little Rock Federation of Women's Club is offering one Central senior with 3.0 or higher GPA needing financial assistance a \$1,000 scholarship. If interested, turn in a statement of a maximum of 500 words/ min 250 words describing why you want to continue your education and how you could benefit from this scholarship. **Due to Ms. Williamson in the Guidance Office March 16, 2010.**

Senior Banquet ~ March 18 ~ it is almost time for our **2010 Senior Banquet!** The feature presentation will be a slide show with photos of yourself and your friends at random times throughout our high school years. If you would like to have your pictures in the slide show, email them to central2010slideshow@yahoo.com Don't miss out!

James L. "Skip" Rutherford Scholarship ~ Any graduating senior that will attend a four year Arkansas College or University, that meets the following scholarship criteria, is urged to pick up an application from Ms. Williamson in Guidance. Scholarship criteria: Financial need, demonstrated character, leadership potential and academic performance. One aspiring goal in establishing this scholarship fund is to assist highly motivated seniors possessing strong moral character from rural based communities or from farming families, who can substantially benefit from scholarship assistance due to demonstrated financial need. The application, transcript, letter of rec. from an unrelated source that addresses the scholarship criteria and a one page statement describing how you meet the criteria and how you will use your education is due to Ms. Williamson by **Friday, March 19.**

Senator Dale Bumpers Scholarship Fund is open to any senior who has an interest in and commitment to public service. This is a \$1500.00 scholarship award. Please come by Guidance and see Ms. Williamson for an application. Your resume and an essay of no more than one page describing why you would be a good recipient of this award, keeping in mind this award's purpose is also necessary. Materials should be turned in to Ms. Williamson along with your completed application by **Friday, March 19.**

Lichty Scholarships ~ One senior female & male will be selected for the Phoebe G. Lichty and the Edward T. Lichty II Scholarship. If you have a minimum 3.25 GPA and proven financial need, please come by the Guidance Office and see Ms. Williamson for an application. **Applications are due by the end of the day on Monday, March 29.**

Josten's will be here Thursday, April 15 and April 16 in the gym to distribute senior orders.

Representatives from the following colleges will visit with students:

If you are interested in meeting with these colleges, please go by the Guidance Office to sign up.

March 30	9:30	U of A (JUNIORS ONLY)	Fayetteville, AR
April 7	9:30	Pulaski Technical College	North Little Rock, AR